

WEEK # 5

Menu 2019

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<b><u>Breakfast Menu Items For The Week</u></b>						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style  Bacon	Toast  Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea  Coffee	1/2 Grapefruit 1/2 Orange Bananas

	9-Sep MONDAY	10-Sep TUESDAY	11-Sep WEDNESDAY	12-Sep THURSDAY	13-Sep FRIDAY	14-Sep SATURDAY	15-Sep SUNDAY
<b>D I N N E R</b>	<b>SI</b>	<b>IL</b>	<b>OL</b>	<b>OS</b>	<b>NS</b>	<b>NS</b>	<b>SL</b>
	Cream of Carrot	Mushroom Soup	Pea Soup	Macaroni Soup	Cream of Chicken	Barley Soup	Bean Soup
	Shake / Bake Chicken Cranberry Sauce	Liver and onions	Boneless Pork Steak Fried Onions	Turkey Steak	Salt Fish Pork Scraps	*Hawaiian sausage *	Bake Ham
	Mashed Potatoes	Mashed Potatoes	Apple Sauce Mashed Potatoes or Baked Potatoes	Mashed Potatoes	Mashed /Boiled Potatoes Turnips	Green Beans	Scalloped or Mashed Potatoes
	Mixed Vegetable	Carrots	Broccoli	Brussel Sprout	Jello / whip cream	Mandarin Orange	Kernel Corn
Choc Cake	Pears	Strawberries	Tapioca Pudding			Lemon Pie	
<b>S U P P E R</b>	Cream of Carrot	* Mushroom Soup	* Pea Soup	* Macaroni Soup	* Cream of Chicken	Barley Soup	Bean Soup
	French Toast	Egg Sandwich	Cabbage Rolls	* Ham Casserole	Hamburger / Bun Salad	Chicken on bone Potato Salad Cole slaw	Fish Cakes
	Sausage	Salad	Banana Bread	Apricots	Fruit Cocktail	Vanilla Pudding	Chow chow
	Tropical Fruit	Cottage Pudding					Apple Sauce

Menu may change without notice

<b>HS Snack Menu</b>						
Toast	Cookies	Rice Crispy squares	NutriBar	Cheese & crackers	Toast	Pudding or Yogurt